**Table 1. Characteristics of the participants (n = 306)**

|  |  |
| --- | --- |
| **Female sex, n (%)** | 224 (73.2) |
| **Age, years mean** $\pm $ **ds** | 19.8 $\pm $ 2.5 |
| **Nationality** **Albanian, n (%)** **Italian, n (%)** | 168 (54.9)138 (45.1) |
| **Health Care Faculty** **Nursing, n (%)** **Odontology, n (%)** **Medicine, n (%)** **Physiotherapy, n (%)** **Pharmacy, n (%)** | 41 (13.4)72 (23.5)97 (31.7)69 (22.5)27 (8.8) |